



# CLIFFE WOODS 10K ROCHESTER

## SUNDAY, 11TH JULY 2010



Organised by CPC Kent - Registered Charity No. 1041434

Smiley Steps

(supported by Istead & Ifield Harriers)



BARR Ref. No. 008



Licence applied for

**10am: 2 MILE FUN RUN - £3.50 - ENTRY ON THE DAY ONLY.** Wheelchairs welcome. Medals to all finishers. Trophies awarded to under 15's girls/boys 1st, 2nd & 3rd places only.

**11am: 10K RACE** - Competitors to be aged 15 or over on the day of the race. Wheelchairs welcome. Medals to all finishers. Trophies for veterans and team categories (men and women). £10 Affiliated / £12 Unaffiliated - on the day entry £2 extra.

**Please send completed entry form to:**

**Race Director, CPC Kent, Bradbury House, View Road, Cliffe Woods, Rochester, Kent ME3 8UJ**  
**Race Organiser: 01634 220330**

Please detach

### 10k ENTRY FORM

SURNAME:		FORENAME:		DATE OF BIRTH:	
ADDRESS:					
TOWN / CITY:		COUNTY:		POST CODE	
TEL NO:		E.MAIL ADDRESS:			
MALE / FEMALE	AGE ON RACE DAY	WHEELCHAIR ENTRANT YES / NO		RESIDENT OF CLIFFE & CLIFFE WOODS PARISH YES / NO	
NAME OF AFFILIATED CLUB					

**10k ENTRY FEES: AFFILIATED - £10; UNAFFILIATED - £12**

**10k Closing Date: 2nd July 2010 or race limit**

**Entries on Race Day accepted up to race limit of 600 - surcharge of £2.00 payable**

I confirm that I will not take part in the 10K unless medically fit to do so. I understand that I enter the event at my own risk and without any liability whatsoever attaching to the organisers, sponsors or any officials for any injury or damage sustained to any person during or as a result of the event.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

- I ENCLOSE A CHEQUE/POSTAL ORDER MADE PAYABLE TO CPC KENT (see entry fees above)
- I ENCLOSE AN A5 SIZED STAMPED ADDRESSED ENVELOPE (23cm x 16cm) WITH 32p POSTAGE.
- I WOULD LIKE TO GAIN SPONSORSHIP ON BEHALF OF CPC KENT - WE WILL SEND YOU A FORM.

**DO YOU HAVE A MEDICAL CONDITION OR ARE YOU ALLERGIC TO ANY DRUGS?**

**Data Protection Act:** Your name and address may be passed to 'Runners World', which is a supporter of this event. If you would like to receive information about products and services relevant to you as a runner, please tick the box.

For official use only Race No. \_\_\_\_\_  
 Cheque/ PO No. \_\_\_\_\_